



|   |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|
|   |  |  |  |  |  |  |  |  |
| Advantages and disadvantages of each type of guidance   |  |  |  |  |  |  |  |  |
| Types of feedback to optimise performance   |  |  |  |  |  |  |  |  |
| Interpretation and analysis of graphical representation of data associated with feedback on performance |  |  |  |  |  |  |  |  |
| <b>Mental preparation for performance</b>   |  |  |  |  |  |  |  |  |
| Mental preparation for performance  |  |  |  |  |  |  |  |  |

**Review of previous examinations:**